

Langeberg Link 2019

Oudewerf, Swellendam

Link Lap Chase

20 September 2019

Group or Category	Pos In		Athlete Details			Final Result	
	All	Cat	No	Cat	Name	Laps	Elapsed Time
Allcomers	1	1	113	MM3	Daniel Fritz	6	00:54:03
	2	2	106	MM3	Henk Botes	6	00:56:05
	3	3	124	MM3	Ashley Shaw	6	00:56:28
	4	4	112	MM3	Neil Du Preez	6	00:59:03
	5	5	114	MM3	Paul Gleed	5	00:49:46
	6	1	107	MW3	Nicky Botes	5	00:55:41
	7	6	103	MM3	Mark Barnard	4	00:37:40
	8	7	105	MM3	Martin Behm	3	00:34:03
	9	2	119	MW3	Lenetia Mundie	2	00:26:01
	10	3	110	MW3	Charlene Curlewis	2	00:27:08
	11	8	126	MM3	Jeanne-Pierre Van der Poel	2	00:28:29
	12	9	125	MM3	Clifford Van Ass	1	00:12:11
	13	10	127	MM3	Ryno Wilson	1	00:12:23
	14	11	122	MM3	Shaughn Rousseau	1	00:13:39
	-	-	101	MM3	Gustav Joyce	0	
	-	-	102	MM3	Andrew Ardington	0	
	-	-	104	MM3	Derek Bean	0	
	-	-	108	MM3	Hendrik Botha	0	
	-	-	109	MM3	Karel Botha	0	
	-	-	111	MM3	Quintin Du Plooy	0	
	-	-	115	MM3	Brent Jorissen	0	
	-	-	116	MM3	Retief Joyce	0	
	-	-	117	MM3	Thane Masureik	0	
	-	-	118	MM3	Lachlan Mundie	0	
-	-	120	MM3	Graham Nel	0		
-	-	121	MM3	Mario Oosthuizen	0		
-	-	123	MW3	Stephanie Sawyer	0		
Category	All	Cat	No	Cat	Name	Laps	Elapsed Time
3 Day Men	1	1	113	MM3	Daniel Fritz	6	00:54:03
	2	2	106	MM3	Henk Botes	6	00:56:05
	3	3	124	MM3	Ashley Shaw	6	00:56:28
	4	4	112	MM3	Neil Du Preez	6	00:59:03
	5	5	114	MM3	Paul Gleed	5	00:49:46
	7	6	103	MM3	Mark Barnard	4	00:37:40
	8	7	105	MM3	Martin Behm	3	00:34:03
	11	8	126	MM3	Jeanne-Pierre Van der Poel	2	00:28:29
	12	9	125	MM3	Clifford Van Ass	1	00:12:11
	13	10	127	MM3	Ryno Wilson	1	00:12:23
	14	11	122	MM3	Shaughn Rousseau	1	00:13:39
	-	-	101	MM3	Gustav Joyce	0	
	-	-	102	MM3	Andrew Ardington	0	
	-	-	104	MM3	Derek Bean	0	
	-	-	108	MM3	Hendrik Botha	0	
-	-	109	MM3	Karel Botha	0		
-	-	111	MM3	Quintin Du Plooy	0		
-	-	115	MM3	Brent Jorissen	0		

Langeberg Link 2019

Oudewerf, Swellendam

Link Lap Chase

20 September 2019

<i>Group or</i>	<i>Pos In</i>		<i>Athlete Details</i>			<i>Final Result</i>	
	-	-	116	MM3	Retief Joyce	0	
	-	-	117	MM3	Thane Masureik	0	
	-	-	118	MM3	Lachlan Mundie	0	
	-	-	120	MM3	Graham Nel	0	
	-	-	121	MM3	Mario Oosthuizen	0	
<i>Category</i>	<i>All</i>	<i>Cat</i>	<i>No</i>	<i>Cat</i>	<i>Name</i>	<i>Laps</i>	<i>Elapsed Time</i>
3 Day Women	6	1	107	MW3	Nicky Botes	5	00:55:41
	9	2	119	MW3	Lenetia Mundie	2	00:26:01
	10	3	110	MW3	Charlene Curlewis	2	00:27:08
	-	-	123	MW3	Stephanie Sawyer	0	
<i>Category</i>	<i>All</i>	<i>Cat</i>	<i>No</i>	<i>Cat</i>	<i>Name</i>	<i>Laps</i>	<i>Elapsed Time</i>